

Debate I & Advanced Competitive Debate

Preparing Extemp Speeches

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1. **Daily Objective:** Prepare and deliver an Extemp speech.

Maybe you've had a lot of experience in Extemp. Maybe you've never competed in Extemp. This week, we're going to break down the components of building and delivering an Extemp speech. It's like Extemp, but with a 5-day prep time instead of just 30 minutes.

2. **Bell Ringer/Let's Get Started:**

How often do you practice your events during the competitive season?

3. **Lesson/Activity:**

You have now written your speech, and are ready to deliver it. At a real tournament, this is what you do in the last ten minutes of your prep time. Also, at a real tournament, you would deliver your speech without notes.

4. **Practice:**

Practice delivering your speech. How you practice is how you perform. So, stand up, use your notes or written speech if you want. Or practice without your papers.

5. **Additional Resources:**

[EXTEMP TEXTBOOK](#) FROM NSDA